	FORM 4	UNITED S	TATES SECURITIES AND EXCHANGE COMMIS Washington, D.C. 20549	SION	OMB APPROVAL		
	Check this box if no longer subject to Section 16. Form 4 or Form 5	STATE	MENT OF CHANGES IN BENEFICIAL OWNERS	lIP	OMB Number: Expires:	3235-0287 December 31, 2014	
	obligations may continue. See Instruction 1(b).		Section 16(a) of the Securities Exchange Act of 19 lic Utility Holding Company Act of 1935 or Section Investment Company Act of 1940		Estimated aver hours per response	age burden 0.5	
	Name and Address of Repor MEARA VICKI A	rting Person [*]	2. Issuer Name and Ticker or Trading Symbol PITNEY BOWES INC /DE/ [PBI]	5. Relationship Issuer		Person(s) to	
`	ast) (First) ELMCROFT ROAD	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 02/09/2009	(Check all applid Director X Officer (title belo	give (10% Owner Other (specify below) DI Officer	
(Street)			4. If Amendment, Date of Original Filed	6. Individual or	6. Individual or Joint/Group Filing (C		

(Street) STAMFORD (City)	CT (State)	06926 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person 						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										

	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code	3. Transaction / Code [(Instr. 8) (ities d (A) d of 4 a (A) or (D)	or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common Stock								5,000	D				

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	\$ 0 ⁽¹⁾	02/09/2009		A		6,566		(2)	(2)	Common Stock	6,566	\$0	6,566	D	
Stock Option	\$ 24.75	02/09/2009		A		53,454		02/09/2010 ⁽³⁾	02/08/2019	Common Stock	53,454	\$ 0	53,454	D	

Explanation of Responses:

1. Each restricted stock unit represents a contingent right to receive one share of Pitney Bowes common stock.

2. The restricted stock units vest in four equal installments beginning on February 2, 2010.

3. The stock option grant provides that vesting occurs ratably one third a year on the anniversary of the grant over a three-year period.

Lori Zyskowski - POA for V. O'Meara ** Signature of Reporting Date

Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.